

The Big Ableism Survey

From Unlearning Ableism

Disability Pride Month 2024



We asked people lot's of questions about how they feel about being Disabled and their experiences they have had like being at school or in work.



There are lot's of Disabled people in the world so it is important that everybody understands us and what we need to live the life we want to.



Disabled people normally face lot's of barriers which stop us from doing what we want to be able to do.



Ableism is when someone is unkind, rude, or stops you from doing something because you are Disabled. By law people are not supposed to do this.



Most Disabled people think that non-Disabled people need better education on understanding Disability and Ableism.



Most Disabled people find their mental health really difficult because of their Disability, and they need better support with it. This is internalised ableism.



Most Disabled people think there should be better training in schools to teach people about Disability and Ableism.



Most Disabled people think there should be better training in work to teach people about Disability and Ableism.



Most Disabled people face Ableism a lot, such as in friendships, school, work, community or healthcare.



Most Disabled people think the meaning of ableism should be better so that people can protect themselves better, and point-out other peoples behaviour.



Most Disabled people think there should be better training in our communities to teach people about Disability and Ableism.



Lot's of Disabled people don't like pointing out ableism because they are scared something bad will happen to them afterwards.



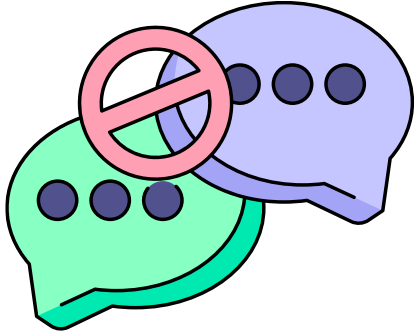
Ableism is everywhere and having a very bad effect on lot's of Disabled people.



We need to get rid of Ableism to make the lives of Disabled people much better.



Ableism can look like; people using hurtful language, not letting you join in, not liking Disabled people, or making things difficult to access like not having a ramp.



Lot's of Disabled people do not like talking about when bad things have happened to them.



Lot's of Disabled people do not have enough help to challenge when people are ableist, or help them with their mental health.



Most Disabled people say they experience Ableism regularly, and it affects their daily lives.



We have made lots of suggestions to make the lives of Disabled people better and get rid of Ableism for good.



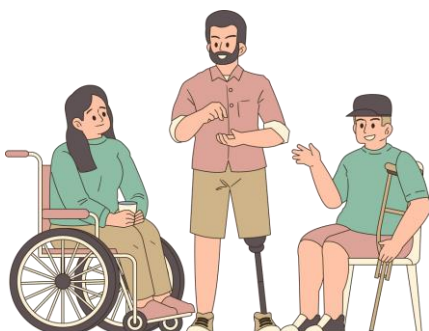
Schools should teach people about Disability and Ableism.



Work should teach people about Disability and Ableism.



The Government should teach people about Disability and Ableism and have better laws to help Disabled people.



Disabled people should be able to have training on Disability and Ableism as well, to help them understand.



Thank You!

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